Throwing Velocity Camp

Get Faster Throws and Decrease Your Risk of Injury



One of the five tools of a great baseball player is **throwing ability**. Division I college baseball coaches will be looking for players whose throwing abilities are at least **85 MPH**, whether they’re throwing from the infield, outfield or the mound. Division II coaches will expect **82 MPH** and above, and Division III requires speeds from the **upper 70s**.

What are you doing to enhance your throwing abilities and strengthen your rotator cuff?

(COMPANY NAME)’s Throwing Velocity program is guaranteed to **increase velocity** and **decrease risk of injury**. Athletes will focus on **developing rotary propulsive power** and **building strength** andstability in the muscles of the rotator cuff. (INSERT TESTIMONIAL / RESULTS IF YOU HAVE THEM)

(COMPANY NAME)’s Strength and Conditioning coaches (ADD YOUR COACHES’ CREDENTIALS HERE). **Spots are limited** – call (PHONE NUMBER) or log into your account to register!

**(OPTIONAL: INSERT YOUR LOGO HERE)**

**Throwing Velocity Camp Details:**

* **(START DATE) through (END DATE)**
* **(DAYS OF WEEK), (START TIME TO END TIME)**
* **$(PRICE)/athlete - that’s just $(PRICE)/session)

Log in to your account at (WEB SITE ADDRESS) to enroll,
or call us at (513) 600-1519.**

**(ADD YOUR COMPANY NAME and SLOGAN HERE)**(STREET ADDRESS)